



Welcome to Alina Homecare
It's all about you

a alina homecare
Care at Home

alinahomecare.com



“

In truth I don't know how we would have managed without Alina Homecare, not just for the practical help, but also the emotional support. You are all very special people.

”

Jackie, Brighton



It's all about you

At Alina Homecare we know that care is best when it's at home. It gives you options. It helps you stay in control for as little or as long as you want. It's there when you need reassurance and to help you stay independent.

We can help your mum, dad, children, neighbours or yourself to live in familiar surroundings and as part of the local community. We care for you and your choices, just as much as your physical needs.

Whether you need a few hours support a week, or full time live-in care, we help you achieve whatever you choose.

WE SUPPORT YOU TO MAKE LIFE EASIER

Sugar in your tea. Places to see. Lunch at the pub. Songs to sing. Friends to stay.

We all value different things at home and in our community that make us feel like we belong. So if an injury, medical condition or even responsibility for the family home start to affect your confidence or ability to live alone, there's an awful lot at stake. Our job is to understand what makes life good for you and what level of independence you want. We then suggest ways to help you achieve it.

Your Home. Your Care. Your Choice.

Choose **Domestic Care** for a hand with everyday jobs like cooking, washing, cleaning, shopping and transport to and from appointments.

Or **Personal Care** for help with bathing, shaving, getting dressed, getting into bed and remembering medication.

Companion Care means someone to chat to, share hobbies or go to the cinema with.

Respite Care is the next best thing when your usual carer takes regular time out from your home.

An accident or medical condition creates a sudden need but our **Crisis Care** can step in within 24 hours.

When sensitivity and compassion are vital, **Palliative Care** is there for you and your family. We care for you and do all that we

can to improve your comfort and quality of life.

Whether it's one visit a day or several, we can stay for as long as you like. We can support you 7 days a week, 24 hours a day, in your own home. Whatever you need, we can help.



Birthday traditions. Summer school fete. Christmas shopping. Favourite pew.



Your Live-in care choices

Our experienced, live-in carers look after you 24 hours a day in your own home, for as long as you need. They are compassionate, gentle and respectful of your privacy.

Working with you, we can help with straightforward jobs around the house, meal preparation, appointments, managing your medication

and personal care. We will be your constant companion to help you stay independent.

We recognise that sharing your home is a big step so we spend time getting to know you and your routine before we introduce a carer to you. Whatever you need, we can help.

“

Without Alina's help and support we would have struggled to get to where we are. They really are an organisation with staff who actually care about their clients.

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Louise, London



Spring clean. Children growing. Woodland pathways. Allotment prizes.



Individual care designed for you

Our carers deliver positive, quality care that is compassionate, gentle and belongs to you. We want customers to be delighted with their homecare so we encourage them to get involved.

We start by meeting you at home to chat through your situation. We follow that with a Care Plan that covers your needs and how you wish to be cared for. Together, we review it frequently to check it still works for you.

Our quality training helps to ensure that every visit is carried out safely and is completely focused on you.

We educate our care workers about the range of physical and mental conditions that our customers have and equip them with the right balance of skills and empathy to support all your needs.

We are kind and compassionate and put your rights to privacy, dignity, independence, safety and diversity at the top of our list so we are always totally professional and appreciative of you and your wishes – especially when they change.

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