



Care at Home



Respite Care

Reassurance when
it's needed

Our Respite Care services provide crucial support and reassurance in the short or long term.

Respite Care is provided by a professional carer covering for a regular caregiver, often a relative, friend or neighbour.

At Alina Homecare, we understand that regular caregivers can only provide the very best care by taking good care of themselves.

Everybody needs a break but for many regular caregivers time away from the home can sometimes feel impossible.



Our Respite Care enables caregivers to enjoy a holiday or a regular break away from their responsibilities or provides cover in the event of an emergency.

Our Carers are trained to maintain continuity of care while minimising stress and uncertainty. We work with you to ensure a smooth and safe transition as we take on Respite Care.

Our Respite Care is reliable, compassionate and personalised. It gives you peace of mind knowing your loved one or friend is being looked after by a highly trained carer so you can, with confidence, regularly spend time away from the home or enjoy a much needed holiday.

For added reassurance we digitally log, track and monitor the support provided on each visit. The Family App allows full visibility at any time of our care delivery.

Here are just some of the reasons people choose our award winning Respite Care:

- Covering for a regular caregiver
- Returning home from hospital
- Recovering from an illness or accident



We're here to help.

Why choose Respite Care?

Although many regular caregivers need a break from the demands of caregiving, we understand it's challenging to hand over the responsibility of care to a stranger. That's why we meet you in advance to assess your circumstances. We'll tailor your Respite Care to provide the right support, and importantly, fit into your normal routine. Our Teams are trained to provide reassurance and confidence to support the care transition.

Some other types of Respite Care we offer...

Emergency Respite Care

Sometimes life changes fast and care is needed urgently. Emergency Respite Care, also known as crisis care at home, is designed for those who need any form of care assistance at short notice. Often helpful for those leaving hospital after an unexpected health issue or when a friend or family member is unable to take immediate responsibility. Whether it's an accident, sudden illness or your regular caregiver is unavailable, we can help.

Live-in Respite Care

Some people opt for a Live-in Carer when recovering from illness or an operation to give peace of mind that support is nearby 24 hours a day. Our short term replacement Live-in Respite Care is useful when a regular caregiver is away for an extended period - maybe a holiday or unforeseen circumstances. Regardless of the reason, we can arrange a Live-in Respite Carer to move into your home to assist with your rehabilitation.

Dementia Respite Care

Looking after a loved one with dementia can be especially demanding and sometimes isolating for a caregiver. This is especially true if an elderly loved one has advanced dementia, where communication may be more challenging. Respite Care provides an opportunity to spend some precious regular time away from the home, knowing your loved one is in professional hands. Our Carers are trained and familiar with dementia symptoms and can provide Personal Care as well as emotional Companionship Care.

Your home. Your care. Your choice.

About Alina

At Alina Homecare we passionately believe care is best when you're at home.

We can help you, your mum, your dad, your neighbour to live independently in the comfort of your own home and continue to be part of the local community.

We're committed to listening to you about your needs and preferences because for us, it's all about you. We work hard to understand what makes life enjoyable to you and suggest ways to make life easier.

Whether you need Care at Home after a fall, support with daily tasks, companionship, or a full time Live-in care our friendly Care Teams are there to help.

We're extremely proud of our high standards and passionate about making what we call the 'Alina Difference' to people's lives.

It's no wonder 99.7% of clients say they're satisfied with our care and support!*

*Client satisfaction survey 2023



**Top 20 UK Home Care
Group Award
2021 - 2024**



Your home. Your care. Your choice.